

2023 MISSA Cressy Singlehanded Qualifiers Hosted by Lake Forest Sailing
501 Forest Park Rd
Lake Forest, IL, 60045
September 16-17, 2023

NOTICE OF RACE

Tier 1 MISSA (Midwest Inter-Scholastic Sailing Association) Regatta

1. Rules

- 1.1 The regatta will be governed by the rules as defined in the current Racing Rules of Sailing (RRS), the Prescriptions of US Sailing, the Inter-Scholastic Sailing Association (ISSA) Procedural Rules, MISSA Supplemental Rules, this Notice of Race, and the Sailing Instructions.
- 1.2 The Organizing Authority is the MISSA in conjunction with Lake Forest Sailing.
- 1.3 RRS Appendix P is in effect as modified by ISSA Procedural Rule 14(c).

2. Eligibility

- 2.1 Competitors must participate on behalf a school that is a member of MISSA and meets eligibility rules as prescribed in the ISSA Procedural Rules.
- 2.2 Competitors must be accompanied by a designated adult team leader who may be an advisor, coach, or parent.

3. Registration and Entry Fee

- 3.1 The Entry Fee is \$55 per competitor payable during online registration via credit card. NO FOOD WILL BE PROVIDED.
- 3.2 Eligible sailors must register by submitting an official online entry form at:
<https://hssailing.org/machform/view.php?id=56934>
- 3.3 The entry deadline is September 9th, 2023 midnight Central Time.

4. Qualification

- 4.1 This regatta is a Qualifier for The ISSA Cressy Singlehanded National Championship held at Southern YC, New Orleans, LA. October 28-29. The top 2 ILCA 6 Boys, top 2 ILCA 6 Girls and top 2 ILCA 7 boats each will earn a berth to the ISSA Cressy Singlehanded National Championship.
- 4.2 The sailors that earn qualifying spots have till Tuesday September 19th at noon Central Time to declare their intent to compete to the Regatta Chair, their Area Rep, and MISSA President.

5. Boats

5.1 Laser and ILCA boats & rigging are allowed at this event. Class legal sails are required.

5.2 This is a bring your own boat event. No dollies will be provided and boats must be kept on dollies in the boat park.

6. Fleets

6.1 There will be three fleets: ILCA 7, Boys ILCA 6, and Girls ILCA 6.

7. Schedule

Friday September 15th

1600h-1900h – Boat drop off & optional practice (must have coach present to practice). Boats may arrive after 1500h and launch after 1530h. All boats must be off the water by 1830h.

Saturday September 16th

0800h-0900h – Boat rigging and Competitor check-in.

0915 -Competitor Meeting

10:00h- First warning

-Lunch on the water -

Sunday September 17th

0830h - Boat park opens for rigging

0915h - Competitors meet to launch basin

1015h - First warning

Lunch on the water

1400h -No start after this time

Awards-ASAP after haul out

8. Sailing Instructions

8.1 Sailing Instructions will be available online at the TechScore event page.

9. Racing Area

9.1 The racing area will be in the open waters on Lake Michigan just east of LFS.

10. Venue

10.1 Parking rules must be followed and will be enforced.

10.2 No animals or pets are allowed at LFS

10.3 Parking is public space and all valuables should be properly stowed while out sailing.

11. Transportation & Housing

11.1 No housing will be provided.

12. Coaching

12.1 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, only while in a designated coaching area as described in the Sailing Instructions.

12.2 Coach boats will not be provided. All competitors must have a designated coach or school representative on the water at all times in a coach boat capable of handling Lake Michigan conditions.

12.3 Coaches must be registered properly with the competitors' school team with ISSA.

13. Photography Consent/Drones

13.1 By entering this regatta competitors accept that they may be photographed and/or videotaped participating in the races and/or using the host's facilities and they consent to taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without competitor approval of such images or any use thereof.

13.2 Drones are not allowed to be flown for any purposes of this event. Violation of this rule by coaches, teammates, parents, or other support personnel, may result in a penalty to a competitor. The Host/OA may elect to use a drone for media purposes.

14. Awards

14.1 Awards will be given to the top three finishers in each fleet.

15. Official Notice

15.1 No contestant shall use, either on or off the water, marijuana or any controlled substance, as defined in 21 U.S Code 802, the possession of which is unlawful under U.S Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source, alleging such a breach a protest committee consisting of the regatta chairperson, a member of the MISSA Board of Directors, and the chairperson of the Protest Committee, shall follow the process described in RRS 69.1(b). If a hearing under RRS 69 is held, a competitor found to have breached this procedural rule shall be

excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.2 may be imposed on the competitor. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

16. Waiver of Liability

16.1 Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 3 and 4, Decision to Race. The race organizers organizing authority, race committee, protest committee, host, sponsors, or any other organization official including EYC, Bay Village high school and their respective officers, trustees, board members, employees, members and volunteers will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained arising out of, directly or indirectly, any person's participation in this event. By participating in this event, each competitor agrees to release the race Organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

17. Regatta Contact

Regatta Chair – Will Howard: HowardW@cityoflakeforest.com

Please help keep LFS clean by using trash receptacles and keeping gear bags with cars.

Gear bags should not be left in the boat park.