



MDISA Girls Open Regatta

Tome School is the Organizing Authority

Hosted by

North East River Yacht Club

10/14/2023



SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in the 2021-2024 Racing Rules of Sailing (RRS), the 2021-2024 ISSA Procedural Rules, the notice of race and these sailing instructions. In an event of a conflict between governing documents and the sailing instructions, the sailing instructions shall take precedence.

1.1 RRS Appendix P is in effect per PR14(c).

2 NOTICE TO COMPETITORS

Official notices including changes to the Sailing Instructions will be posted on the Notice Board on TechScore and on a whiteboard located on the patio. Any changes to the Sailing Instructions will be posted before the first race in which they are to take effect. In the event of a conflict the white board will take precedence.

3 SCHEDULE OF EVENTS

October 14th:

Visitors Welcome 0845

Report time 0915

First Warning 1000

No Start after: 1500

4 BOATS & EQUIPMENT

4.1 NERYC FJ's will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way. Jib halyards tails shall remain rigged behind the spreaders.

4.2 NERYC Mainsheets are pre-configured and should remain as such as some are incapable being changed.

4.3 The penalty for infringing upon 4.1 or 4.2 will be disqualification from all races sailed in contravention of those instructions.

4.4 Competitors shall report all damage or loss of equipment; however slight, to the dock/boat committee immediately after arriving on shore and to the Race Committee Finish

Boat on the water immediately after all boats in that race have finished.

4.5 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except the Jury may grant redress for the failure of the main halyard masthead knot.

5 FORMAT

5.1 The format will be a single round robin, **SINGLE** division regatta.

6 COURSES AND MARKS

6.1 Standard **W2** course is a Windward/Leeward course, twice around, with a windward finish. The start/finish line will be "OPEN" and not restricted during races so competitors may pass through while going to their next mark as desired. Course **W1** may be substituted if hailed from the Committee Boat, and is a modification of W2, instead of being a Windward/Leeward course, ONCE around, with a windward finish.

6.2 The course to be sailed will be announced orally and taken from the course diagrams posted on the TechScore notice board and on these Sailing Instructions (appendix 1).

6.3 Marks will be inflatable orange marks and hippity hops. Rounding and start/finish marks will be defined at the Skipper Meeting.

6.4 In accordance with ISSA PR 7.7, after the starting signal, the race committee may change the position of any mark to maintain course configuration, if no boat is on that leg of the course. No signals are required (changes RRS 33).

7 SHORTENING OR ABANDONING RACE

In accordance with ISSA PR 7.7 (d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

8 START, FINISH AND RECALLS

Races will start in accordance with ISSA PR 7.8(a) except that RRS Appendix S - Sound-Signal Starting System will be modified as follows:

8.1 Individual Recall - When, at a boat's starting signal, any part of her hull is on the course side of the starting line, or she must comply with RRS 30.1, the race committee shall promptly display flag X (or a designated flag or device). The flag shall be displayed until the hull of each such boat has been completely on the pre-start side of the starting line or one of its extensions, and until all such boats have complied with RRS 30.1 if it applies, but not later than two minutes after the starting signal, whichever is earlier. The Race Committee may also attempt to notify individual boats by hailing their sail or bow numbers. (Changes RRS 29.1 and U4)

8.2 General Recall – The race committee may signal a general recall by multiple sounds and the

hail of “general recall” and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule) shall apply and no signal need be given. (Changes RRS 30.1)

8.3 As a courtesy, the Race Committee will attempt to hail boats "On Course Side" (OCS) as soon as possible after the start. Failure of electronic equipment, failure to hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1 (a).

8.4 The “round the ends rule” provisions of RRS30.1 may apply for any start if hailed prior to the starting sequence. The signal will be made orally and with the display of flag “P”.
This changes RRS30.1

9 BREAKDOWNS

9.1 Breakdown requests shall be filed in the same manner as protest. There will be a bosun boat on the water.

9.2 Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3

10 PROTESTS

10.1 A boat need not fly a red flag immediately after an incident to signify a protest, but she must comply with PR 16(a) and RRS 61.1. The boat shall hail the infringing boat and inform them of the protest. The infringing boat then has the opportunity to perform the required actions to exonerate themselves at that time. If the infringing boat does not agree with the protest they must acknowledge the protest and decline the protest. At that time the original boat will need to follow up with a formal protest. A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 16(b).

10.2 Protests and Requests for redress (including breakdowns) must be submitted to the Race Committee at the regatta desk within 30 minutes of the protestor reaching the beach following the set of races involved in the incident. Forms will be available at the regatta desk.

10.3 Hearings will be held in the Club as soon as possible and may be held between sets of races.

11 SCORING

11.1 Scoring will be in accordance with ISSA PR 9.

12 COACHING

12.1 Coaches, team leaders, chaperones advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly

permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

12.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while serving as an umpire or assisting with race management.

12.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, on the water or near the docks or while ashore.

13 SAFETY

13.1 Competitors and Coaches shall wear USCG approved Type III Personal Flotation Devices (PFDs). Inflatable type PFDs are not permitted.

13.2 Failure to comply with 13.1 will be grounds for disqualification from all races sailed in contravention of those instructions.

13.3 Competitors shall supply the equipment to meet the requirements of 13.1.

13.4 At its discretion, the Race Committee or Organizing Authority may require a competitor to retire from racing if the competitor is determined to be a risk to their own or others' safety.

14 TROPHIES

14.1 No trophies will be awarded.

15 WAIVER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

16 RIGHTS TO USE NAME AND LIKENESS:

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

17 CONTACTS

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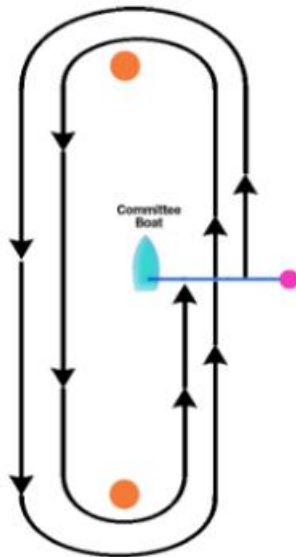
18 ANNOUNCEMENT

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chapter 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during May 13 and 14, 2017 may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and at their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

Appendix 1: Course Chart

COURSE W2

Windward Leeward



Course W2 is a Windward/Leeward course, twice around, with a windward finish. The start/finish line will be "OPEN" and not restricted during races so competitors may pass through while going to their next mark as desired.

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