

MISSA

Shepherd Championship

Columbia Yacht Club
November 12th and 13th, 2022
Monroe Harbor, Chicago, IL

Sailing Instructions (SIs)

[NP] Rules are not protestable by competitors but may be protested by the Race Committee (RC), Protest Committee (PC), or Organizing Authority (OA). ***This changes RRS 60.1.***

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing, the prescriptions of US Sailing, the ISSA Procedural Rules, MISSA Supplemental Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2 The Organizing Authority (OA) is the Midwest Interscholastic Sailing Association (MISSA) and Columbia Sailing School in conjunction with host schools: Jones College Prep, Lane Tech, Lincoln Park, Lyons Township, U of Chicago-Laboratory and Whitney Young.
- 1.3 **[NP]** Based on any public health consideration, competitors agree to follow Centers for Disease Control and Prevention (CDC), State of Illinois and City of Chicago, and the Chicago Yacht Club's policies regarding coronavirus, COVID-19, that are in effect at the time of the event.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Official notices, including changes to sailing instructions, will be posted on the official notice board located at <https://scores.hssailing.org/f22/shepherd/>.
- 2.2 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.
- 2.3 Per RRS 90.2c, the procedure for oral changes of the SIs on the water is as follows:
 - 2.3.1 Race Committee with hoist Code Flag L (Lima) with repeated sounds to designate the boats come within hail of the Signal Boat.
 - 2.3.2 The change will be broadcast to the boats orally (over a loud hailer) and via VHF to the coaches.
 - 2.3.3 Failure to notify the Signal Boat of questions or clarifications regarding oral changes made on the water prior to Code Flag L (Lima) being lowered is not grounds for redress.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board online at <https://scores.hssailing.org/f22/shepherd/>.
- 3.2 On the water, the race committee intends to monitor and communicate with coaches via VHF radio on channel 78.



4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the rail deck of Clubship.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

5.3 [DP] Competitors in boats shall not leave the docks before a Race Committee vessel or CoLYC safety vessel.

6 SCHEDULE OF RACES

Saturday, November 12th	
0830	Registration, rigging of boats
0930	Mandatory competitors meeting (Races to follow). Races will continue throughout the day.
1005	Warning Signal for the First Race
Sunday, November 13th	
0900	Rigging of boats
0935	Warning Signal for first Race
1500	No Race will Start after this time
	Awards to follow Racing

7 RACING AREA

The racing area will be in inner or outer Monroe Harbor at the discretion of the Race Committee.

8 COURSES AND MARKS

8.1 Courses will be in accordance with ISSA PR 7.8.

8.2 The race committee may designate course selection orally per SI 2.3.

8.3 Marks will be inflatable shapes of various colors.

8.4 In accordance with ISSA PR 7.8(c) after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. ***This changes RRS 33.***

8.5 The diagram in SI Addendum A shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.6 For WA2, LA2, and WA3, Mark 1 may have an offset. If the offset is not in place, the single windward mark shall be left to port. Mark 2 will be a gate. If the gate is not in place, the single leeward Mark 2 shall be left to port.

9 THE START, FINISH, AND RECALLS:

9.1 Races will start in accordance with ISSA PR 7.9(a).

9.2 RRS US Sailing Prescription Appendix U - Sound-Signal Starting System shall be used.

9.3 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.

9.4 Individual recalls will be made in accordance with ISSA PR 7.9(b).



- 9.5 General recalls will be signalled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.9(c). ***This changes RRS 30.1.***
- 9.6 The finishing line is between a staff displaying a Blue flag on the signal boat and the course side of the nearby finishing mark.

10 BREAKDOWNS

- 10.1 Breakdown requests shall be filed in the same manner as protests. See Section 11.
- 10.2 Breakdowns shall be scored in accordance with ISSA PR 9(e).
- 10.3 When a breakdown occurs, the Protest Committee may consider a request for redress that may or may not be given. Compensation shall be consistent with ISSA PR Appendix 3.

11 PROTESTS & HEARING REQUESTS

- 11.1 Protests procedure will be in accordance ISSA PR Part VI - 16.
- 11.2 Per ISSA PR 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 11.3 Protest forms are available at the protest desk on the rail deck of the club ship.
- 11.4 Completed protest forms are to be turned into Zac Hernandez. Zac will be identified at the competitor's briefing.
- 11.5 Protests are to be filed throughout the day as soon as competitors rotate off the water. Competitors shall not wait until the end of the day to file all protests.
- 11.6 Protests will be heard throughout the day as competitors rotate off the water.
- 11.7 The final protest time limit for each day will be 30 minutes after the docking time of the RC signal boat.

12 SCORING

- 12.1 The scoring system is as follows: Scoring will be in accordance with ISSA PR 9.
- 12.2 Three (3) races in each division are required to be completed to constitute a regatta.

13 SAFETY

[DP] A boat that retires from a race shall notify the Race Committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

14 FORMAT

- 14.1 The Race Committee will attempt to complete a full rotation.
- 14.2 Rotation schedules and boat assignments will be posted on Tech Score.

15 [DP] SUPPORT TEAMS AND COACHING

- 15.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.
- 15.2 Coaches can coach from the Columbia dock or go afloat.
- 15.3 If you choose to go afloat, coaching may take place below the finish line. All coaches shall assist when and where necessary for safety or at the request of the Race Committee. Failure to do so may result in exclusion from the racecourse.

16 SPECIAL CLOTHING

16.1 All competitors are required to wear life jackets per ISSA PR 2.2.

16.2 Additional clothing requirements:

16.2.1 All competitors shall provide their own dry suit and have it on hand at the venue on each day of racing as per ISSA PR 2.3.

16.2.2 On each day of racing, the OA will announce whether dry suits will be required to be worn by competitors racing on that day.

16.2.3 If the air temperature plus the water temperature equals or exceeds 100 degrees Fahrenheit, dry suits will not be required to be worn on that day.

16.2.4 Competitor's failure to wear a dry suit while racing on a day where dry suits are required by the OA will be scored DSQ by the RC without a hearing. ***This changes RRS 63.1.***

17 RISK STATEMENT

Competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

18 PRIZES AND QUALIFICATION

Prizes will be awarded to schools placing 1st, 2nd, and 3rd overall.

19 FURTHER INFORMATION

Kurt Thomsen, On the Water Director
Columbia Sailing School
111 N Lake Shore Drive, Chicago, IL 60601
sail@colyc.org



ADDENDUM A COURSE DIAGRAMS

Mark colors and shapes may differ from the diagram and are described in the SIs.

Course	Mark Rounding Order
WA2	Start-1-1a-2s/2p-Upwind Finish
LA2	Start-1-1a-2s/2p-1-1a-Downwind Finish
WA3	Start-1-1a-2s/2p-1-1a-2s/2p-Upwind Finish

