

MISSA Girls Qualifier

Hosted at Lake Forest Sailing

September 24-25, 2022

SAILING INSTRUCTIONS

1 RULES:

1.1. The regatta will be governed by the rules as defined in:

1.1.1. The Racing Rules of Sailing

1.1.2. The Official Procedural Rules for Interscholastic Sailing Competition published by the Interscholastic Sailing Association ("ISSA") as modified by this NOR; and

1.1.3. The Midwest Interscholastic Sailing Association ("MISSA") Supplemental Rules

2 NOTICES TO COMPETITORS:

2.1. The online official notice board will be located under "Notice Board" on the MISSA Girls Qualifier page at <http://scores.hssailing.org>.

3 CHANGES TO SAILING INSTRUCTIONS:

3.1. Any change to the sailing instructions will be posted no later than 09:00CST on the day it will take effect. However, the sailing instructions may be modified on the water without such notice pursuant to Section 3.2, below.

3.2. Sl's amended on the water shall be signaled with a third substitute and a sound signal, after which race committee will notify all teams verbally.

4 BOATS:

4.1. Club 420s will be provided by the Lake Minnetonka Sailing School.

4.2. Boats will be sailed as provided. No modifications will be permitted to the running rigging.

5 SCHEDULE:

SATURDAY, 9/24

08:15-08:45 Teams check-in under boat pavilion and begin rigging boats

08:45 Competitors and coaches meeting

10:00 First warning

SUNDAY, 9/26

08:45 Competitors and coaches meeting

09:15 Launching

15:00 CDT No warning signal will be made after this time

6 RACING AREA:

6.1. All races will be sailed in close proximity to the Lake Forest Sailing's Launch Basin.

7 COURSES:

7.1. Based on conditions, the Race Committee will determine the courses the length of the course as described in ISSAPR 7. The course diagram will be shown at the competitor's meeting.

8 FORMAT:

8.1. The planned format is a single round robin.

9 MARKS:

9.1. The windward mark will be a yellow inflatable cylinder and all other marks will be red hippity-hop buoys. The starting line pin and the finish pin will have a silver band.

10 THE START:

10.1. The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the port-end starting mark.

11 THE FINISH:

11.1. The finishing line will be between a staff displaying a blue RC flag on the race committee finish boat and the course side of the starboard-end finishing mark.

12 COACHING:

12.1. All coaching will be on the water. Coaches are allowed to go up the course on either side. Coaches shall stay at least 100 yards from the nearest racing boat. Coaches are responsible for rotating sailors on the water. Coaches shall monitor VHF channel 72.

13 DISCLAIMER OF LIABILITY:

13.1. Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race.

The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.