



PCISA Single-Handed Championships

Peninsula Youth Sailing Foundation – Redwood City, CA
September 24-25, 2022

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the ISSA Procedural Rules (as modified by the PCISA), the 2020-24 Racing Rules of Sailing, the prescriptions of US SAILING (US Sailing prescriptions to rules 60, 63.2, 63.4 are deleted); the rules of the ILCA Class (except as any of these are altered by the Sailing Instructions, or the ICSA/ISSA/PCISA Procedural Rules); and by the Sailing Instructions. In accordance with ISSA Procedural Rules PR20(b) the right of appeal is denied at all District Championships. Decisions of the Protest Committee shall be final.

2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the whiteboard at the PYSF white tent/deck or made orally to all competitors on the water.

3 CHANGES IN THE SAILING INSTRUCTIONS

Changes to the sailing instructions will be posted before 1030 on the day they will take effect, except any changes to the schedule of races will be posted by 1800 on the day before they will take effect.

4 ROTATION

4.1 Boats will not be rotated.

5 BOATS & SAILS

5.1 Each sailor must provide a Class Legal ILCA 6 (Radial) and use it in legal configuration.

6 SCHEDULE OF EVENTS

Saturday, September 24th

0900 Report Time
1000 Registration Ends
1030 Competitors' meeting
1200 First warning signal

Sunday, September 25th

0930 Report Time *amended from NOR*
1130 First warning signal *amended from NOR*
1500 No warning signal after this time

7 RACING AREA

7.1 The sailing area will be outside Redwood Creek in South Bay, between the San Mateo Bridge and the Dumbarton Bridge.

8 COURSES & MARKS

8.1 The primary Courses for all fleets appear on Appendix A.

8.2 The leeward marks on Appendix A can be gates.

8.3 Marks of the course will be inflatable colored buoys.

9 START/FINISH

9.1 Races will be started in accordance with RRS Rule Appendix U.

9.2 The start line will be between a staff displaying an orange or red flag or shape on a race committee boat and an inflatable mark or a pin with a flag. This flag may also be in/on a 2nd race committee boat. The finish line will be between a staff displaying a flag or shape on a race committee boat and an inflatable buoy or a flag. The start and finish line will be sighted from the course side of all marks.

10 RECALLS

10.1 Individual recalls will be signaled in accordance with ISSA Procedural Rules. The race committee will attempt to hail a yacht's sail number (as given for this regatta); however, it is the responsibility of each yacht to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting redress. Code Flag 'X' shall be used to signal any premature starters.

10.2 General recalls will be signaled in accordance with ISSA Procedural Rules (Multiple whistles and no visual signal, and the '1 Minute Rule' shall be in effect after any general recall.)

11 RETIREMENT

A yacht that retires from a race is asked to notify a race committee boat before leaving the racing area. If that is impossible, then immediately after arriving ashore, the competitor shall notify a regatta representative.

12 ALTERNATIVE PENALTIES

The one-turn and two-turns penalties described in RRS Rule 44.1 will apply.

13 PROTESTS

Protests shall be filed in writing within 20 minutes after the last boat in the respective fleet reaches the dock.

14 COACHING

14.1 For all fleets, coaching shall be done from designated coach boats.

14.2 Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1, or as instructed by the race committee.

15 PARTICIPATION

15.1 With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission from the race committee, is subject to severe disciplinary actions by the PCISA.

15.2 Unless competing or serving on the race committee, no competitor shall be on the water.

Appendix A

