



NESSA HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP
For the
Nancy Healy TROPHY
Norwalk YC
September 25-26, 2021

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the current Racing Rules of Sailing (“RRS”), the prescriptions of US SAILING, the ISSA Procedural Rules (“ISSA PR”), the Notice of Race (“NOR”), and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. In accordance with rule 70.5(a), decisions of the protest committee are final. US Sailing’s permission has been granted.

- 2. NOTICE TO COMPETITORS:** Official notices including changes to sailing instructions will be posted on Tech Score. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. COURSES AND MARKS:

- 3.1. Courses will be in accordance with ISSA PR 7.8. The race committee (“RC”) may designate course selection orally. **The ISSA Example Course Card is provided at the end of these Sailing Instructions for reference.**
- 3.2. All marks of the course will be inflatable orange tetrahedrons, except for the windward offset mark (labeled, “1a,” in the ISSA Course Card) which will be an spherical orange buoy.

4. START, FINISH, AND RECALLS:

- 4.1. The start and finish line will be between an orange flag on the RC boat and an spherical orange buoy.
- 4.2. In accordance with ISSA PR 7.8(c), after the starting signal, the RC may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

- 5. BREAKDOWNS:** Because the regatta is a BYOB event, there will be no Breakdown Points awarded.

6. SAFETY:

- 6.1. Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.
- 6.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.



COURSE CARD

Course	Mark Rounding Order
WA2	Start-1-1a-2s/2p-Upwind Finish
LA2	Start-1-1a-2s/2p-1-1a-Downwind Finish
WA3	Start-1-1a-2s/2p-1-1a-2s/2p-Upwind Finish

