

MISSA Singlehanded Qualifier (Cressy)

September 18 – 19, 2021

Hosted by: Lake Forest Sailing



SAILING INSTRUCTIONS

1. Rules

- 1.1 The regatta will be governed by the Racing Rules of Sailing for 2021-2024 (RRS), the Prescriptions of the United States Sailing Association (US SAILING), and the Official Procedural Rules for the Interscholastic Sailing Competition 2021-2024 (PR). The MISSA Supplemental rules available at <https://missa.hssailing.org/about/missa-district-rules> shall apply.
- 1.2 The Laser Standard (ILCA 7), Laser Radial (ILCA 6) shall be sailed singlehanded. This modifies Laser Class 7(a).
- 1.3 Compasses are permitted in accordance with ILCA class rule 22.

2. Notice to Competitors

Notice to competitors will be posted on the Official Notice Board in the Boating Pavilion and on Tech Score.

3. Changes to the Sailing Instructions

- 3.1 Changes to the Sailing Instructions will be posted to the Official Notice Board.
- 3.2 In Accordance with Racing Rule 90.2 (c) the Race Committee may orally announce changes in Sailing Instructions on the water before the warning signal for each race after displaying code flag “L”

4. Signals Made Ashore

- 4.1 Signals made ashore will be announced orally to all competitors.
- 4.2 Signals will be made at the check-in table near the LF Launch Basin Pavilion
- 4.3 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP. A notice will be communicated to registered coaches and need not be posted to the Notice Board as to when the AP ashore was displayed and removed.

5. Schedule of Races

- 5.1 The Race Committee will attempt 12 races for each division. This changes the ISSA Procedural Rule 7.5 for this regatta.
- 5.2 Competitors and Coaches should communicate to the Race Committee if a longer break between sets is needed by sailors for a bathroom break to shore.
- 5.3 The following schedule will apply:
 - Friday September 17, 2021
1500h – 1830h boat drop off and practice races
 - Saturday September 18, 2021
0800h – 0900h check-in & rigging of boats
0930h competitor’s meeting @ LF Launch Basin Pavilion
1030h first warning signal
1630h no start after this time
 - Sunday September 19, 2021
0730h protest hearing time slot if needed
0830h report time and rigging of boats

0915h competitor's & coaches meeting @ LF Launch Basin Pavilion
1000h first warning signal
1430h no start after this time
Awards to follow racing

6. Racing Area

The racing area will be on the open waters of Lake Michigan within 1 nautical mile of the LF Launch Basin.

7. The Course

All course options will be displayed on the notice board and as described at the competitor's meeting. The intended course is a windward/leeward with a windward offset, leeward gates, and dog-leg finish to starboard of the Race Committee start/finish boat. This course is better known as the "Z-Trophy Course."

8. Marks

All race marks will be colored inflatable buoys.

9. Class Flags

The Laser Full Rig (ILCA 7) will be a the Laser Class Insignia Flag

The Laser Radial Rig (ILCA 6) will be a Yellow Flag with the letter "R"

10. The Start

10.1 Races will be started in accordance with US Sailing Prescription Appendix U – Sound Signal Starting System. A series of short sound signals will be made before the starting sequence begins.

10.2 The starting signals will be in accordance with ISSA PR 7.9.

10.3 The starting line will be between a staff displaying an orange flag on the Race Committee Boat and the course side of a starting buoy as the starting pin.

10.4 A boat starting later than 2 minutes after her starting signal will be scored Did Not Start without a hearing, this changes rules A4 and A5

11. Change to the Next Leg of the Course

After the starting signal, the Race Committee may change the position of any mark, provided that no yacht is on the changed leg. There will be no signal for such change. This modifies RRS 33.

12. The Finish

The finishing line will be between a staff displaying the Blue Race Committee flag on the RC Boat and the finishing buoy to starboard of the RC Boat. The RC may finish a race from an anchored RC Boat displaying the Blue Race Committee finishing flag and any mark of the course given a shortened course, sound signals and verbal communication will be given yet no other signals need be flown. This changes ISSA PR 7.8 (d).

13. Penalty Systems

13.1 RRS Appendix P will NOT apply, there will be no on the water observers.

13.2 ISSA Procedural Rule 16 will apply in full. Protest forms will be available upon request from the Race Committee Boat on the water or from the Regatta Organizer on land after racing.

13.3 Protests shall be written on an ISSA protest form supplied by the Regatta Organizer upon request

13.4 Per ISSA Procedural Rule 8(b), a competitor shall not communicate with anyone other than teammates or other competitors before reporting to the Race Committee an intention to file a protest. Breaking this rule may be grounds for closing the protest hearing. (Changes RRS 61).

- 13.5 Protests should be filed with the Race Committee as soon as possible with a filing deadline of 20 minutes after posted RC docking time.
- 13.6 The Protest Committee will hear protests in the approximate order of receipt and as soon as practicable. Saturday protests will be scheduled for the allotted protest hearing time Sunday morning before the harbor launch.

14. Safety

- 14.1 ISSA (PR 2.2) applies to this event. Failure to comply with this rule may result in disqualification from the race during which the infraction occurred, or, at the Jury's discretion, from the regatta.
- 14.2 The Race Committee may, for reason of safety and health, order a yacht to not start a race, to withdraw from a race it has started, or stop racing all together. Yachts affected by such Race Committee orders shall be scored DNF or DNS, whichever applies. Competitor(s) subject to Race Committee orders shall not be eligible for redress.
- 14.3 No yacht shall leave the dock without being directed to do so by the Race Committee or Regatta Chairman at the competitor's meeting.
- 14.4 Proper cold-weather sailing attire for Laser sailing is required. If a competitor does not have adequate cold weather Laser sailing gear, dry suits may be required.
- 14.5 Face coverings are required on shore when using the restrooms, in the sailing office or in the sailing shed where protests will be heard. This applies to competitors, coaches, parents, and all Forest Park Beach patrons.

15. Support Boats

- 15.1 Coaches shall be afloat for safety. All competitors must have a designated coach who has their own safety boat capable of Lake Michigan conditions. No safety boat will be provided by Lake Forest Sailing except for Race Committee and Mark Set. Coaches shall monitor VHF channel 72.
- 15.2 Only persons designated as the team coach, shall be afloat anywhere near the racing area. Parents, chaperones, advisors, team leaders, or other support personnel shall not go afloat in the sailing area during the weekend. Coaches may be asked to stay to leeward of the racing area based on sea-state & conditions.
- 15.3 All Coaches must check in on Saturday morning September 18th, before the Competitor's Meeting. To complete this check-in process coaches must turn in a completed sailor roster form to the Regatta Chair. This form can be found on the Tech Score Notice Board for the event.

16. Qualification

- 16.1 The number of berths to the 2021 ISSA Cressy National Championship is yet to be determined, see NoR amendment #1
- 16.2 Berths must be accepted in accordance with MISSA Rule 5.11
- 16.3 MISSA President – Ted Anderson SailingMISSA@gmail.com
- 16.4 MISSA Central VP – Zac Hernandez Zac@sheridanshoresailingschool.org
- 16.5 MISSA Cressy Host – Will Howard HowardW@cityoflakeforest.com

17. Prizes

First through Fourth in each fleet will be awarded with trophies.

18. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 3 and RRS 4. The organizing authority, nor the regatta host, will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Regatta Chairperson – Will Howard
Race Days Organizing Authority – Connor Corgard
Principal Race Officer – John Palizza
Chief Judge for Protest Committee – Ray Groble

Course – Z Trophy Course

Windward/Leeward – 2 Laps – windward offset, leeward gate, dogleg reach to finish starboard of RC Boat. Winward Mark will be large Yellow Cylinder, all other Marks are inflatable red/ orange balls.

Start – M1 – M2 – G1/G2 – M1 – M2 – G2 – Finish



