

# ISSA HIGH SCHOOL SINGLE-HANDED CHAMPIONSHIP

For the

CRESSY TROPHY

Virginia Key Park, Miami, FL

December 17-19

## SAILING INSTRUCTIONS

### 1. RULES:

1.1. The regatta will be governed by the current Racing Rules of Sailing the prescriptions of US Sailing, the ISSA Procedural Rules, the ISSA Championship Conditions, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions the latter shall take precedence.

1.2. The Organizing Authority is the Interscholastic Sailing Association in conjunction with host Lauderdale Yacht Club.

1.3. RRS appendix P is in effect modified per ISSA Procedural Rule 14(c).

2. NOTICE TO COMPETITORS: Official notices including changes to sailing instructions will be posted on the official notice board located [www.scores.hssailing.org](http://www.scores.hssailing.org). Changes to the sailing instructions shall be approved by the ISSA Representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

### 3. SCHEDULE:

3.1. First warning each day will be at 1000 hours. The number of races each day will be at the discretion of the regatta chairperson.

3.2. No race will start after 1500 hours December 19th.

### 4. COURSES AND MARKS:

4.1. Courses will be in accordance with ISSA PR 7.8 as modified by SI Addendum 1.

4.2. The race committee may designate course selection orally.

4.3. All marks will be round orange balls.

4.4. In accordance with ISSA PR 7.8(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

## 5. START, FINISH, AND RECALLS:

5.1. Races will start in accordance with ISSA PR 7.9(a).

5.2. Individual Recalls shall be hailed in accordance with ISSA PR 7.9(b).

5.3. General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.9(c) (Changes RRS 30.1).

5.4. The start line will be between an orange flag on the committee boat and white ball.

5.5. The finish line will be between a blue flag on the finish boat and a white ball.

## 6. BREAKDOWNS:

6.1. Procedural Rule 9.e.(iv) is changed as follows: Limit on Redress for Breakdowns - The award of breakdown points (BKD) to a boat shall be limited to two per division when six or more races are sailed and one per division when fewer than six races are sailed.

6.2. Breakdowns shall be scored in accordance with (ISSA PR 9(e) for Cressy and Mallory.

## 7. PROTESTS:

7.1. Protests procedure will be in accordance with ISSA PR Part VI.

7.2. Per Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the race committee their intent to protest.

8. SCORING: Scoring will be in accordance with ISSA PR 9.

## 9. COACHING:

9.1. Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

9.2. Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore (or areas designated by the regatta chairperson here).

## 10. SAFETY:

10.1. Competitors shall wear USCG approved lifejackets as outlined in Procedural Rule 2.2.

10.2. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

## 11. FORMAT:

The Race committee will attempt to complete 15 races.

## 12. TROPHIES:

12.1. Prizes will be awarded to schools placing 1st, 2nd and 3rd in the regatta. The top school will have its name engraved on the perpetual Cressy trophy.

12.2. Trophies will be awarded in both the full rig and radial fleets.

# Appendix 1

