



**Halloween Spectacular
Lake Forest Sailing Center
26-27 October 2019
SAILING INSTRUCTIONS
MISSA Division**



1. RULES

The regatta will be governed by the 2017-2020 US Sailing prescriptions of the Racing Rules of Sailing (RRS), the ISSA Procedural Rules, the MISSA Procedural Rules & By-Laws. If the Notice of Race (NOR) and SIs differ then the SIs will take precedent. Appendix V1 will apply.

2. NOTICES TO COMPETITORS

All notices to Competitors will be posted on the notice board inside the Boat Pavilion.

3. CHANGES IN THE SAILING INSTRUCTIONS

3.1 Any change in the Sailing Instructions will be posted on the day it will take effect, or orally at competitors meeting.

3.2 Changes to the starting time on Sunday October 27th will be posted following racing on Saturday October 26th.

4. SIGNALS

4.1 Signals made ashore will be displayed from a wooden dowel at the launching ramp.

4.2 Code Flag "AP", Answering Pennant, when made ashore means "The race is postponed: do not leave the basin." When AP is displayed ashore, the time of the warning signal will be announced before the lowering of "AP".

5. NUMBER AND SCHEDULE OF RACES

5.1 The warning signal for the first race will be at 1000hrs on Saturday October 26th. Boats shall be ready to leave the basin for the starting area at least 30 minutes before the announced warning time.

5.2 The warning signal for the first race will be at 1000hrs on Sunday October 27th. No race will be started after 1500hrs on Sunday October 27th.

5.3 One full rotation is scheduled for the MISSA fleet. Should wind, weather or other conditions make it impossible to complete the rotation or scheduled races; one race in each division will constitute a regatta.

5.5 Schedule

Saturday October 26, 2018

0745-0820 Check in at LF Sailing office in South Pavilion (near access road hill).

0835 Mandatory Coaches meeting by launching hoists.

0845 Mandatory Competitors Meeting at Boat Launch Pavilion.

1000 First warning. Racing throughout the day. There is no set end time for Saturday.

Lunch on the water or during off-sets.

Sunday October 27, 2018

0900 Costume Contest with Prizes! All 420s must be ready to launch.

1000 First warning. Racing throughout the day. Lunch on the water.

1500 No race will be started after 1500.

Immediately following racing will be the trophy presentation and raffle drawing.

6. RACING AREA

The racing will take place on Lake Michigan, east of the Lake Forest Launching Basin.

7. THE COURSE

7.1 Appendix A shows the course diagrams. The number of LAPS will be posted on a board on the Signal Boat before the warning signal for all Fleets.

7.2 There are separate race circles for MISSA, 420/Laser (JV), Optimist and Opti Green fleets.

8. **MARKS** - Marks will be Orange Balls or Yellow Inflatable marks. This will be determined and communicated at the Skipper's meeting Saturday morning October 26th.

9. START

9.1 Races will be started in accordance to US Sailing Prescription Appendix U.

10. **RECALLS**
10.1 Recalls will be made in accordance to RRS Appendix S.
- 10.2 General recalls will be signaled by displaying the “first Substitute” pennant as well as a series of sounds. For the MISSA division, in accordance with ISSA PR 7.8(b): after a general recall, the “round-the-ends rule” provisions of RRS 30.1; Code Flag I need not be displayed.
11. **CHANGE OF COURSE AFTER THE START**
11.1 When changing the course after the start, the race committee will lay a new mark and will lift the original mark as soon as practicable. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.
- 11.2 All course changes will be in accordance to ISSA PR 7.7(c).
12. **THE FINISH**
For all courses, the finishing line will be between an orange flag on the race committee boat and a yellow ball to starboard of the race committee boat.
13. **RACE TIME**
13.1 The target race time for MISSA fleet is 18-20 minutes.
13.2 Boats failing to finish within 10 minutes after the first boat finishes will be scored "Did Not Finish".
13.3 Boats which may delay the next start may be finished in place by the Race Committee.
14. **RETIREMENT**
A boat that retires from a race shall notify a race committee boat before leaving the race area. If that is impossible, then immediately after arriving ashore, the competitor shall notify a regatta representative.
15. **PROTESTS**
15.1 Protests will be heard in accordance to the RRS and ISSA PR.
- 15.2 Protests shall be written on forms available at the Lake Forest Boat Pavilion and lodged with the jury's representative there or placed in the “completed forms” folder. Protest time will end 30 minutes after the race committee signal boat docks.
- 15.3 Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties to a protest or named as witnesses.
- 15.4 The jury will hear protests in the order it deems appropriate.
16. **SCORING**
16.1 There will be no dropped races for any fleet. MISSA racing will be scored in accordance to ISSA PR 9.
16.2 MISSA scores will be available on TechScore.
17. **PRIZES**
17.1 Prizes will be awarded to the top 3 teams overall.
17.2 The top four schools in the MISSA fleet that have not already qualified will qualify for the Great Lakes Championship. The top team having not already qualified for the Atlantic Coast Championships will earn a spot there. Berths must be accepted in accordance with MISSA District rule 5.11. Berths not accepted by the deadline will be offered to the next team in line by the MISSA president.
18. **DISPOSAL OF WASTE OR TRASH**
Boats observed discharging trash over the side shall be either disqualified from all races sailed on the day the infraction is observed or be subject to other suitable disciplinary action, or both.
19. **SAFETY**
19.1 All competitors shall wear a US Coast Guard type III life jacket at all times while afloat. Competitors may remove their lifejackets for the brief time required to add or remove layers of clothing.
20. **COACHING**
20.1 All coaches shall provide their own power boat and will facilitate rotations and act as safety boats. ALL Coaches shall monitor VHF radios on their fleet's racing circle.
20. **Sportsmanship**

20.1 Sportsmanship and the Corinthian Spirit being essential to sailing as a sport, all coaches are asked to watch for and nominate sailors for recognition of good sportsmanship.

21. **Notes/ Reminders**

21.1 MISSA Rule 6.6

Supervision, Conduct, and Discipline – The MISSA Board of Directors and their designated MISSA representative, Regatta Chair, and PRO have shared Jurisdiction over disciplinary matters at regattas. Fair sailing under the Corinthian spirit should be encouraged and promoted by all sailors and Support Persons. ISSA Procedural Rules concerning Responsible Adults and Competitor Conduct apply at all MISSA events. In addition, no contestant or Support Person shall use foul or abusive language, infringement may be the basis of disciplinary action. Disciplinary action under MISSA Rule 6.6 shall be in accordance with RRS 2, RRS 3, and RRS 69 whenever possible. Any sailor or Support Person may fill out an incident report using the form on the MISSA website and email it to the MISSA President where further action will be reviewed with the MISSA board.

21.2 ISSA 1.3

RESPONSIBLE ADULT

For a school to be eligible to compete, the school must designate an adult (who may or may not be the team coach, but who is not a team member or high school student) who is responsible for and must accompany the school's team at each competition. The accompanying adult must accept responsibility to perform and act in accordance with their school's medical and behavioral protocols on behalf of their team. This Interscholastic Sailing Association ISSA Procedural Rules 2017-2020 11 designated team adult must also confirm compliance of the school's team and all of its competitors at an event with all rules regarding eligibility, safety, behavior, team decision on RRS 4 (Decisions to Race) as set forth by ISSA, the District, the Event Host, and the school which it represents.

21.3 **Raffle**

LFS supporters will be running a raffle with 100% of proceeds going to hurricane Dorian relief efforts. Sailors will get one raffle ticket at check-in and for participating in the costume contest. Tickets are also available for sale, hence the opportunity for donating to relief efforts.

Appendix A.

MISSA FLEET
Grey Arrow is Finishing
Number of Laps
Displayed on RC



