

# 2018 PCISA Single-Handed Championships

The San Francisco Yacht Club – Belvedere, CA  
September 22-23

## SAILING INSTRUCTIONS

### 1 RULES

The regatta will be governed by the ISSA Procedural Rules (as modified by the PCISA), the rules as defined in *The Racing Rules of Sailing*, the prescriptions of US SAILING (US Sailing prescriptions to rules 60, 63.2, 63.4 are deleted); the rules of the Laser/Radial Class (except as altered by the Sailing Instructions, or ISSA/PCISA); and by the Sailing Instructions. In accordance with ISSA Procedural Rule 20(b) the right of appeal is denied at all District Championships. Decisions of the Protest Committee shall be final.

### 2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the wall next to the SFYC Youth Sailing Classroom.

### 3 CHANGES TO THE SAILING INSTRUCTIONS

Changes to the sailing instructions will be posted before 1030 on the day they will take effect, except any changes to the schedule of races will be posted by 1800 on the day before they will take effect.

### 4 ROTATION

Boats will not be rotated.

### 5 BOATS & SAILS

Each sailor must provide a class legal Laser Full or Radial and use it in class legal configuration.

### 6 SCHEDULE OF EVENTS

<b>Saturday</b>	<b>Sunday</b>
0900 Report Time	0900 Report Time
1000 Registration Ends	0930 PCISA Meeting
1030 Skippers' Meeting	1130 Racing Begins
1200 Racing Begins	1500 No Start After

### 7 RACING AREA

The sailing area for all fleets will be the Southampton Shoals/North Berkeley Circle area, approximately 30 minutes by tow from SFYC.

### 8 COURSES & MARKS

8.1 The Courses for all fleets appear on Appendix A.

8.2 The leeward marks on Appendix A may be a gate.

8.3 All rounding marks will be inflatable red buoys, and shall be left to port (except at a gate).

### 9 START/FINISH

9.1 Races will be started in accordance with RRS Appendix U.

9.2 The start line will be between a staff displaying an orange flag the race committee signal boat and a yellow inflatable mark or a pin with an orange flag. This flag may also be in/on a 2<sup>nd</sup> race committee boat. The finish line will be between a staff displaying an orange flag a race committee boat and a yellow inflatable buoy. The start and finish line will be sighted from the course side of all marks.

### 10 RECALLS

10.1 Individual recalls will be signaled in accordance with ISSA Procedural Rules. The race committee will

attempt to hail a boat's sail number; however, it is the responsibility of each boat to make a proper start. Failure to be hailed or hear a hail is, in itself, insufficient cause for granting redress. Code Flag 'X' shall be used to signal any boats observed OCS at the starting signal. (This changes RRS Appendix U4).

- 10.2** General recalls will be signaled in accordance with ISSA Procedural Rules (Multiple sounds and no visual signal, and the 'I Flag Rule' (RRS 30.1) shall be in effect during all subsequent starts for the race after a general recall.)

**11 RETIREMENT**

A boat that retires from a race is asked to notify a race committee boat before leaving the racing area. If that is impossible, then immediately after arriving ashore, the competitor shall notify a regatta representative.

**12 ALTERNATIVE PENALTIES**

The one-turn and two-turns penalties described in RRS Rule 44.1 shall apply.

**13 PROTESTS**

Protests shall be filed in writing within 20 minutes after the last boat in the respective fleet reaches the dock.

**14 COACHING**

**14.1** For all fleets, coaching shall be done from provided/designated coach boats.

**14.2** Any spectators on the water shall have no contact with any competitor except when rendering assistance under RRS Rule 1, or as instructed by the race committee.

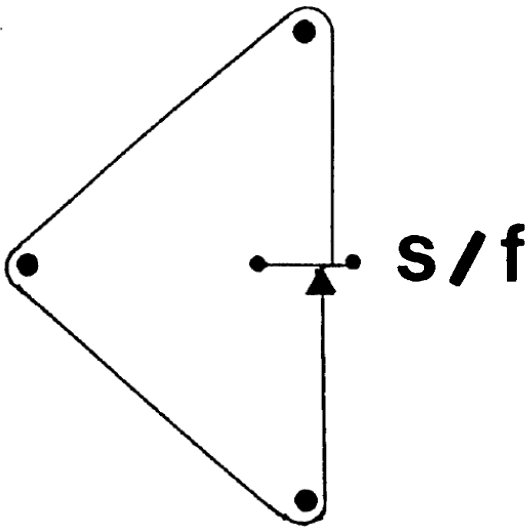
**15 PARTICIPATION**

**15.1** With the exception of RRS Rule 4, each school shall compete in all scheduled races. Any school breaking this rule, without permission from the race committee, is subject to severe disciplinary actions by the PCISA.

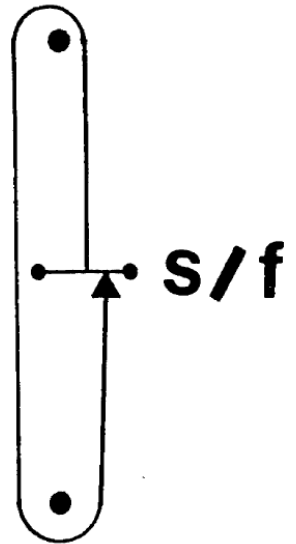
**15.2** Unless competing or serving on the race committee, no competitor shall be on the water.

# Appendix A

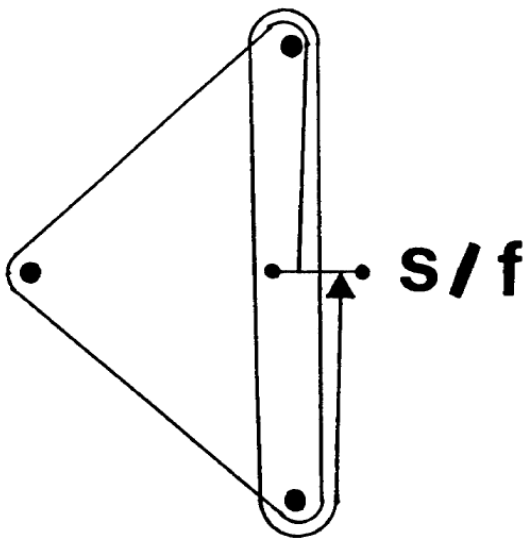
Course 1



Course 2



Course 3



Course 4

