



**2018 ISSA CRESSY
SINGLEHANDED NATIONALS**
Hosted by the Macatawa Bay Yacht Club
and the Macatawa Bay Junior Association



October 27-28, 2018

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by: 2017-2020 Racing Rules of Sailing (RRS), prescriptions of the US Sailing Association, the ISSA Procedural Rules, the ISSA Cressy Conditions, the Notice of Race, and these Sailing Instructions. In the event of a conflict between and the governing documents and the Sailing Instructions the latter shall take precedence.
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with the Macatawa Bay Yacht Club and the Macatawa Bay Junior Association.
- 1.3. RRS Appendix P is in effect per ISSA Procedural Rule 14(c).

2. ELIGIBILITY

- 2.1. Competing schools must be members of ISSA and meet ISSA eligibility rules as prescribed in the Procedural Rules.
- 2.2. Teams must be accompanied by a designated adult team leader, who may be an advisor, coach, or parent recognized by the school.

3. NOTICE TO COMPETITORS:

- 3.1 Official Notices will be posted on the Official Notice Board inside the Junior Sailing Center next to the Sailing Director's Office as well as www.scores.hssailing.org.
- 3.2 Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal to take effect.

4. BOATS

- 4.1. Boats, sails and complete rigging will be provided by Laser Performance.
- 4.2 Competitors may provide and use temporary telltales, wind indicators, and elastic cord to tie up the hiking strap.
- 4.3 Foils, tillers, tiller extensions, mainsheets, control lines, and spars may not be substituted.
- 4.4 Use of electronic and digital compasses is prohibited, even when integrated into a timing device and/or worn on the wrist.
- 4.5 There will be no rotation of boats.

5. SCHEDULE:

Friday, October 26, 2018

1300-1800 Registration, Boat Assignment, and optional practice

Saturday, October 27, 2018

0900 Report Time

0915 Competitors' Meeting

1000 First Warning

Food will be available for all competitors and coaches inside the Junior Sailing Center immediately after racing.

Sunday, October 28, 2018

0900 Report Time

1000 First Warning

1530 No Warning Signal will be sounded after this time.

Trophy presentation and lunch will be ASAP after racing concludes. Boats shall be properly checked in with the manufacturer's representative prior to departure from the venue.

6. RACING AREA, COURSES, AND MARKS:

6.1 Racing will be conducted on the west end of Lake Macatawa, pending weather conditions, racing may also occur on Lake Michigan west of the Holland Pier.

6.2 Course diagrams will also be posted on the Official Notice Board inside the Junior Sailing Center.

6.3 Marks may be Yellow, Orange or White Tetrahedrons or Cylinders.

6.4 In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain

Course configuration, provided that no boat is on that leg of the course. No signals are required. (Changes RRS 33).

7. START, FINISH, RECALLS

7.1 Racing will start in accordance with ISSA PR 7.8(a)

7.2 The race committee may designate courses orally and announce start order by class flags: Laser Standard = White Class Flag, Laser Radial = Red Class Flag.

7.3 The Start will be between an orange flag on the port side of the RC boat and mark "Start".

7.4 The finish will be on the Starboard side of the RC boat between a Blue flag and mark "Finish"

7.5 Individual recalls will be made in accordance with RRS Appendix U4.

7.6 General recalls will be signaled by a series of short horns. After a general recall, the round the ends rule provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8 (b) (Changes RRS 30.1).

8. TIME LIMITS:

8.1 When Flag AP is displayed ashore, "1 minute" is replaced by "thirty minutes". This changes RRS Signal AP.

8.2 The time limit for any race will be forty-five (45) minutes for the first boat to finish.

8.3 Boats not finishing within fifteen (15) minutes of the first boat to finish will be scored Did Not Finish (DNF) as prescribed in RRS Appendix A.

8.4 Boats starting more than five (5) minutes after her starting signal will be scored DNS without a hearing.

9. PROTESTS AND BREAKDOWNS:

9.1 The protest time limit is thirty (30) minutes after the RC boat docks. This time will be posted on the Official Notice Board inside the Junior Sailing Center.

Protest forms can be found on registration table next to the Sailing Director's office, all protest forms must be handed in 30 minutes after RC Dock time.

9.2 Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.

9.3 Notices will be posted soon after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and of the location of the hearings.

9.4 On the last day of the regatta, a request for reopening a hearing shall be delivered — (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day or (b) no later than thirty (30) minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.

9.5 Breakdown requests shall be filed in the same manner as protests.

9.6 Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

10. PENALTY SYSTEM:

10.1 RRS Appendix P will apply as prescribed in ISSA Procedural Rule 14(c).

10.2 Umpires will be on the water during all races looking for and signaling violations with a yellow flag.

10.3 The Two-Turns penalty as described in RRS 44.1 and 44.2 shall apply for Rule 42 violations.

11. COACHING:

11.1 It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.

11.2 The Race Committee shall designate the area where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area. Contact with competitors shall be limited to the designated area.

11.3 Parents, chaperones, advisors, team leaders, or other support personnel shall not go afloat in the sailing area during the weekend, unless with the permission of the event chairperson. The Race Committee shall designate the area where spectator boats are permitted in relation to the racing area.

12. SAFETY:

12.1 Competitors shall wear USCG Approved lifejackets as outlined in Procedural Rule 2.2.

12.2 Although not required, dry-suits are strongly recommended for all competitors.

12.3 A boat that retires from a race shall notify the race committee before leaving the course.

13. FORMAT:

13.1 The Race Committee will attempt to complete 14 races per division.

14. TROPHIES:

14.1 Prizes will be awarded to schools placing 1st, 2nd, and 3rd in both the full and radial divisions. The top school will have its name engraved on the perpetual Cressy trophy.