



2017 ISSA Atlantic Coast Championship

Hosted by the United States Merchant Marine Academy
Yocum Sailing Center
The Organizing Authority is MASSA
300 Steamboat Rd.
Kings Point, NY 11024
November 11-12, 2017



Sailing Instructions

1. RULES

1. The regatta will be governed by the Racing Rules of Sailing 2017-2020, the prescriptions of US SAILING, the 2017-2020 ISSA Procedural Rules, this Notice of Race, and the Sailing Instructions.
2. The Organizing Authority (OA) is MASSA in conjunction with USMMA
3. RRS Appendix P is in effect modified per ISSA Procedural Rule 14(c).
4. ISSA PR 2.5 Team Uniforms (pinnies) is in effect

2. NOTICE TO COMPETITORS

Official notices including changes to sailing instructions will be posted on the official notice board located on the "whiteboard" in the lower level of the Yocum Sailing Center. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE OF EVENTS

Saturday November 11, 2017

- 0900 hrs Report Time
- 0915 hrs Competitors' Meeting
- Launch and First Warning to follow as soon as possible after competitors' meeting

Sunday November 12, 2017

- 0900 hrs Report Time
- 0930 hrs Launch
- First Warning to follow as soon as possible after launching
- 1400 hrs No start sequence will begin after this time
- Trophy presentation will be ASAP after racing concludes.

4. Boats and Equipment

- 4.1 Boats will be provided for all competitors, who shall not modify any boat or cause them to be modified in any way.
- 4.2 FJ standing rigging shall not be adjusted, Z420 sta-masters shall not be adjusted.
- 4.3 Z420 and FJ mainsheets may be rigged with a 3:1 or 4:1 purchase.

- 4.4 The penalty for infringing the above instructions will be disqualification from all races sailed in contravention of these sailing instructions.
- 4.5 Competitors shall report any damage or loss of equipment, however slight, to the Bosun immediately after arriving ashore or to the Race Committee on the water. The penalty for infringing this instruction, unless the Jury is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.
- 4.6 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except that the Jury may grant redress for the failure of the main halyard masthead knot.

5. COURSES AND MARKS

- 5.1 Courses will be in accordance with ISSA PR 7.7.
- 5.2 Standard W4 course, with a windward offset and leeward gate above the start finish line, will be utilized unless conditions require, or the race committee see fit to alter. A W3 (or W5) course may be used to facilitate rotations by finishing near the rotation site.
- 5.3 The race committee may designate course selection orally.
- 5.4 All rounding marks will be red/orange balls, starting/finishing marks will be yellow balls.
- 5.5 In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).
- 5.6 See Appendix A for course diagrams

6. RACING AREA

- 6.1 The Racing Area will be Western Long Island Sound, East of the Throgs Neck Bridge, including Little Neck and Eastchester Bays.

7. SHORTENING AND ABANDONING RACES

- 7.1 In accordance with ISSA PR 7.7(d) races will not be shortened. They may be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

8. START, FINISH, AND RECALLS

- 8.1 Races will start in accordance with ISSA PR 7.8(a).
- 8.2 Individual recalls will be made in accordance with RRS Appendix S6.
- 8.3 General recalls will be signaled by a series of short whistles. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).

8.4 The start and finish line will be between a yellow ball (pin) and a staff displaying a red flag on the RC Boat.

9. BREAKDOWNS

9.1 Breakdown requests shall be filed in the same manner as protests.

9.2 Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

10. PROTESTS

10.1 Protests procedure will be in accordance with ISSA PR Part VI.

10.2 Per Procedural Rule 8(b), competitors shall *not* communicate with a coach before reporting to the race committee their intent to protest.

11. SAFETY

11.1 Per Procedural Rule 2.2, competitors shall wear USCG approved lifejackets

11.2 Inflatable type lifejackets are not permitted.

11.3 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

12. ROTATIONS and SCORING

12.1 Boat rotations and scores will be posted online at TechScore
<http://scores.hssailing.org>

12.2 Scoring will be done per ISSA PR 9

12.3 Rotations will take place on the water or off USMMA dinghy docks

13. FORMAT

13.1 The racing format will consist of two divisions (A & B) and a full rotation will be attempted.

13.2 Three races in each division constitutes a regatta.

13.3 A division will start in Z420, B Division will start in FJ. Divisions will switch fleets after 10 races or on Sunday whichever comes first.

14. TROPHIES:

14.1 Prizes will be awarded to schools placing 1st, 2nd and 3rd

15. RECORD of PARTICIPATION

RP Forms must be completed online by the team representative via TechScore by the **close of protest filing on Sunday November 12, 2017** or be subject to a 20 point penalty per division added to their score per ISSA PR 4.3 (a).

16. COACHING:

Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

Competitors may receive coaching, including instruction, assistance, equipment or sustenance while on shore, on dinghy docks, and from designated coach boats while on the water.

17. WAIVER OF LIABILITY:

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

18. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

19 . OFFICIAL NOTICE

No contestant shall use, either on or off the water, marijuana or any other controlled substance, as defined in 21 U.S. Code 802, the possession of which is unlawful under U.S. Code 841, or alcoholic beverages (distilled spirits, wine, and beer, each as defined in Chapter 51 of the U.S. Internal Revenue Code and intended for beverage use). An alleged breach of this procedural rule shall not be grounds for a protest. However, when a report is received from any source, alleging such a breach a protest committee consisting of the regatta chairperson, a member of the ISSA Board of Directors, and the chairperson of the protest committee, shall follow the process described in RRS 69.1(b). If a hearing under RRS 69 is held, a competitor found to have breached this procedural rule shall be excluded from the remaining races of the series and, where practical, be removed from the regatta venues and sent home. Additional penalties consistent with RRS 69.2 may be imposed on the competitor or the competitor's team. This regulation is in effect during the entire event from the date and time of arrival through the date and time of departure from the regatta site.

20. REGATTA CONTACTS

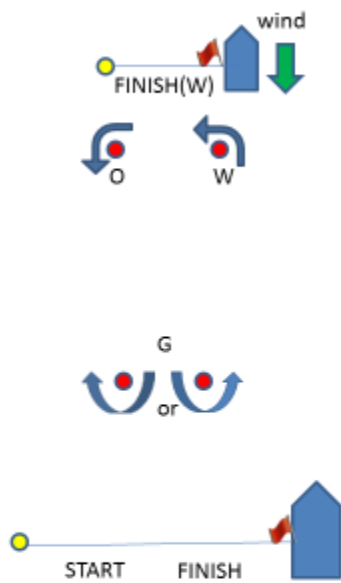
Rick Dominique - PRO - dominiquer@usmma.edu (516) 726-6032

Michael Collins - Regatta Chairman collinsm@usmma.edu (516) 726-6033

Randall Nunn – Registration MASSADistrict@gmail.com (732) 581-1100

APPENDIX A

Windward / Leeward Courses



W3: START – W – O – G – FINISH(W)

W4: START – W – O – G – W – O – FINISH

W5: START – W – O – G – W – O – G – FINISH(W)