

2016 Singlehanded Pacific Coast Championship
Hosted by Peninsula Youth Sailing Foundation
September 24-25

Sailing Instructions

1. Rules

The regatta will be governed by the ISSA Procedural Rules (2013-2016, as modified by the PCISA District Rules), the 2013-2016 Racing Rules of Sailing, the prescriptions of US SAILING (US Sailing prescriptions to rules 60, 63.2, 63.4 are deleted); the rules of the Laser/Radial Class (except as altered by the Sailing Instructions, or the ISSA/PCISA Procedural Rules); and by the Sailing Instructions. In accordance with ISSA Procedural Rule PR20(b) and RRS 70.5 the right of appeal is denied at all Conference/District Championships. Decisions of the Protest Committee shall be final.

2. Format

There will be two fleets, Full Rig and Radial. Both Fleets will sail on the same race course, with separate starts.

Boats and Sails

Each team entered is responsible for providing one complete class legal Laser/Radial for each competitor. Competitors will sail the same boat for the entire regatta. No boat rotations.

4. Schedule of Events

Saturday, Sept 24

9-10am: Check-In

10:30: Competitors' Meeting

Noon: First Warning

Sunday, Sept 25

9:30am: Report time

10am: Competitors' Meeting

11:30: First Warning

3pm: No Warning After

5. Changes to Sailing Instructions/Notice to Competitors

Any changes to Sailing Instructions will be posted on the official notice board adjacent to the PYSF Classroom by 10:30am on Saturday and 10am on Sunday, as well as announced at the daily Competitor's Meeting. If on the water, any Sailing Instruction changes will be announced not less than 5 minutes prior to the warning signal for the race in which they are to take effect. Such announcements will be repeated at least twice by loud hailer.

6. Sailing Area, Launching, Trailer Storage

The Race Area will be in South San Francisco Bay, outside Redwood Creek between the San Mateo and Dumbarton Bridges. There is no viewing from land. Trailer storage and boat launching will be at the Chesapeake Rd. Public Boat Ramp. No launching of sailboats until after the Competitor's Meeting each day. Trailers will be stored along fence of parking lot.

7. Courses

See attachment A for the Course Diagrams. The Race Committee boat will display the course number and may notify competitors by loudhailer of the designated course. Boats that have finished shall stay well clear of all boats still racing.

8. Marks

The rounding marks will be red inflatable buoys.

9. The Start

Races will be started using RRS Appendix S- Sound Signal System. The starting line will be between a staff from which an orange flag is displayed on the Start Boat, at the starboard end, and a yellow mark at the port end. A boat shall not start later than 3 minutes after her starting signal. A general recall will be signaled by multiple sound signals. In accordance with ISSA Procedural Rules the "Round-the-Ends" provisions of RRS 30.1 shall then apply to all subsequent starting sequences for the race, without the need for any signal to be given (ISSA PR 7.8 (b)).

10. The Finish

The finish line will be a staff from which an orange flag is displayed on the Start/Finish Boat at the starboard end, and a yellow mark at the port end.

12. Support/Coach Boats

All registered coaches will be sharing provided coach boats and will act as safety boats when needed and/or requested by Race Committee. All coaches must wear US Coast Guard approved PFDs and there must be a marine VHF radio on each boat. Coaches must stay clear of the Racing Area, except when acting as a safety boat.

13. Protests

Protests shall be handled in accordance with ISSA PRs 16, 17, 18, 19 & 20.

All protests shall be filed at the protest room no later than thirty minutes after the finish boat docking time. The docking time will be posted on the official notice board.

Protests will be heard in the approximate order of receipt. The time and place of protest hearings will be posted within thirty minutes after the end of protest time. This is the notice required by RRS 63.2.

14. Scoring

Scoring shall be in accordance with ISSA PRs 9, 10 & 11.

15. Safety Equipment

Each competitor shall wear USCG approved lifejackets, properly secured at all times while on the water. Wet suits, dry suits and inflatable PFDs do not constitute adequate personal buoyancy.

If a competitor leaves the racing area before the end of racing each day, he/she shall notify the race committee or a support boat before retiring. If someone is unable to notify the race committee afloat, they shall notify a safety person ashore before leaving the harbor area.

Competitors must accept assistance from an official safety boat.

16. Trophies

Trophies will be awarded to the top three competitors in each fleet. The top four finishers in each fleet qualify for ISSA Single-handed Nationals.

17. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the event.