

**2016 Midwest Interscholastic Sailing Association (MISSA)
Midwest Singlehanded Championship & Cressy Trophy Qualifier**

Organizing Authority: MISSA

Hosted By: Grand Rapids Interscholastic Sailing Association

At Grand Rapids Yacht Club, East Grand Rapids Michigan

September 24-25, 2016

SAILING INSTRUCTIONS

1. RULES:

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2013-2016, the prescriptions of the United States Sailing Association, the Interscholastic Sailing Association (ISSA) Procedural Rules, the International Laser Class Rules, the Notice of Race, and these Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the Sailing Instructions will take precedence.
- 1.2 The Laser Standard and Laser Radial shall be sailed singlehanded. This modifies Laser Class Rule 7(a).
- 1.3 The RRS are changed as follows:
 - (a) The United States Sailing Association prescription to RRS 63.4 will not apply.
 - (b) Race Signals – Flag AP is changed in SI 3.2
 - (c) RRS 32.1 – is changed in SI 7.3
 - (d) RRS 29 and 30.1 – are changed in SI 10
 - (e) RRS Appendix P will apply as described by ISSA Procedural 14(c) in SI 12
 - (f) RRS 66 – is changed in SI 14.6
 - (g) The preamble to RRS Part 4 and RRS 40 are changed in SI 17 per ISSA Procedural 2.

2. NOTICES TO COMPETITORS

- 2.1 Official Notices to Competitors including changes to the Sailing Instructions will be posted on the Official Notice Board inside the Grand Rapids Yacht Club clubhouse.
- 2.1 Changes to the Sailing Instructions shall be approved by the protest committee and posted no later than 30 minutes before the first scheduled warning signal on the day it will take effect.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore will be displayed on the flagpole in front of the GRYC clubhouse.
- 3.2 When Flag AP is displayed ashore, “1 minute” is replaced by “thirty minutes”. This changes RRS Signal AP.

4. SCHEDULE

Saturday, September 24th

- | | |
|-------------|--|
| 0800 - 0845 | Registration & Boat set-up at GRYC |
| 0845 - 0900 | Mandatory Coaches Meeting |
| 0900 - 0915 | Mandatory Competitors Meeting |
| 0945 | Starting time for first race, subsequent races to follow.
(changes to the this time may be announced at Competitors Meeting). |
| 1700 | No warning signal after 1700 |

Sunday, September 25th

- 0900 - 0915 Mandatory Competitors Meeting
- 0945 Starting time for first race, subsequent races to follow.
(changes to the this time may be announced at Competitors Meeting).
- 1330 No warning signal after 1330
The awards presentation will start as close to 30 minutes after the last race committee boat docks at the yacht club as practical allowing for scoring inquiries and protests.

5. CLASS FLAGS

Laser Full: white flag with red Laser logo will be displayed during start sequence

Laser Radial: red flag with white Laser logo will be displayed during start sequence

6. RACING AREA

The Racing Area will be the waters of Reeds Lake.

7. COURSES

7.1 Courses will be selected from diagrams shown in Addendum A and Addendum B.

7.2 Course selection will be displayed on the Signal Boat prior to or with the first warning signal for each race. Display will be a large numeral "1" or numeral "2".

7.3 Courses will not be shortened. This changes RRS 32.1.

8. MARKS

All marks will be large orange inflatable cylinders, smaller orange inflatable balls or white rubber balls as described in Addendum A and Addendum B.

9. THE START

9.1. Races will be started using three-minute sequences according to RRS Appendix S.

9.2. The start line shall be between a staff displaying an orange flag on the signal boat on the starboard end and the course side of the starting mark at the port end. See Addendum A and Addendum B for location of starting line.

10. INDIVIDUAL/ GENERAL RECALLS

10.1 Individual recalls will be made in accordance with RRS Appendix S6.

10.2 RRS Appendix S7 shall apply. The RC will attempt to hail OCS boats via loud hailer. The following are not grounds for redress: failure of the RC to hail any or all boats, failure of RC to accurately hail one or more boats, failure of a boat to hear its hail, timeliness of the hail, or the order of boats within the hail.

10.3 General Recalls will be signaled by a series of short whistles. After a General Recall, the "Round-the-Ends Rule" RRS 30.1 shall apply except that Code flag "I" need not be displayed in accordance with ISSA Procedural Rule 7.8(b). This changes RRS 29 and 30.1.

11. THE FINISH

11.1 The finish line will be between a staff displaying a blue flag on the signal boat and a nearby finish mark as described in Addendum A and Addendum B.

12. PENALTY SYSTEM

- 12.1. RRS Appendix P will apply as prescribed in ISSA Procedural Rule 14(c).
- 12.2. Judges will be on the water during all races looking for and signaling Rule 42 violations with a yellow flag.
- 12.3. The Two-Turns penalty as described in RRS 44.1 and 44.2 shall apply for Rule 42 violations.

13. TIME LIMITS

- 13.1. The time limit for any race will be sixty (60) minutes for the first boat to finish.
- 13.2. Boats not finishing within fifteen (15) minutes of the first boat to finish will be scored Did Not Finish (DNF) as prescribed in RRS Appendix A.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1. Protests procedure will be in accordance with ISSA Procedural Rules Part VI.
- 14.2. Per ISSA Procedural Rule 8(b), competitors shall not communicate with a coach before reporting to the Race Committee their intent to protest.
- 14.3. Protests forms will be available inside the Grand Rapids Yacht Club clubhouse and shall be delivered there within the protest time limit.
- 14.4. The protest time limit is thirty (30) minutes after the RC boat docks. This time will be posted on the official notice board.
- 14.5. Notices will be posted within thirty (30) minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and of the location of the hearings.
- 14.6. On the last day of the regatta, a request for reopening a hearing shall be delivered —
 - (a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day or
 - (b) no later than thirty (30) minutes after the party requesting reopening was informed of the decision on that day. This changes RRS 66.

15. COACHING

- 15.1. All coaches must be registered in accordance with MISSA By-Laws, Section 3 "Registration Coaches."
- 15.2. Contact with competitors shall be limited to an area designated by the RC. The Race Committee shall designate the area, which may be on shore or from a boat, where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area.
- 15.3. It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.

16. SCORING

- 16.1. Scoring will be according to RRS Appendix A as modified by ISSA Procedural Rule 9.
- 16.2. A boat's series score will be the total of her race scores. This changes RRS Appendix A2.
- 16.3. One race is required to be completed to constitute a regatta.

17. SAFETY

- 17.1 Competitors, coaches and all people on the water are required to wear US Coast Guard personal flotation devices as prescribed in ISSA Procedural Rule 2. This changes the preamble to RRS Part 4 and RRS 40.
- 17.2 All student athletes competing in MISSA/ISSA regattas shall wear a uniform designating their high school. Team uniforms for Team Identification, shall be worn, properly, by all competitors while on the water.
- 17.3 Sailors are asked to check-in before the first warning signal each day by sailing past the stern of the RC Signal Boat and hailing their sail #. There will be no penalty for not checking in.
- 17.4 A boat that retires from a race or leaves the racing area is requested to notify the RC either on the water or ashore. A boat that subsequently returns to the racing area is asked to check in with the RC Signal Boat as in 18.3. There will be no penalty for not checking out or back in.

18. PRIZES

Prizes will be awarded to 1st, 2nd, and 3rd overall in each class.

REGATTA CONTACTS:

Regatta Chairperson: Jason Lovell grissailing@gmail.com 616-328-7300

PRO: Scott Corder

CHIEF JUDGE: Mike Kaspar

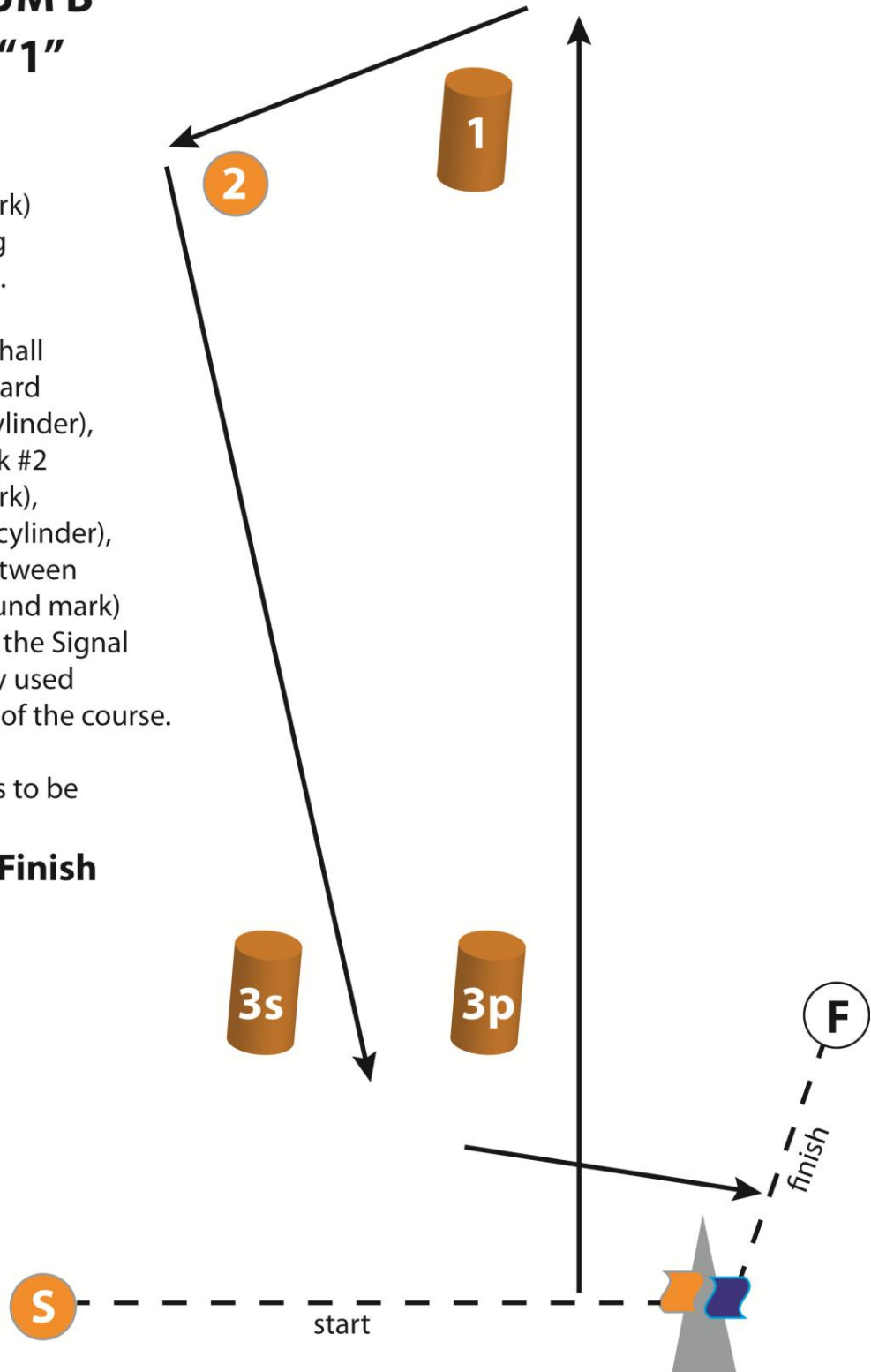
ADDENDUM B COURSE "1"

The start will be between mark "S" (orange round mark) and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1 (orange cylinder), then to offset mark #2 (orange round mark), then #3p (orange cylinder), and then finish between mark "F" (white round mark) and a blue flag on the Signal Boat. In commonly used terms: this is 1 lap of the course.

The order of marks to be rounded is:

Start -1-2-3p-Finish



ADDENDUM B COURSE "2"

The start will be between mark "S" (orange round mark) and an orange flag on the Signal Boat.

After start, boats shall proceed to windward mark #1 (orange cylinder), then to offset mark #2 (orange round mark), then to leeward mark #3s or #3p (orange cylinders), then to windward mark #1 (orange cylinder), then to offset mark #2 (orange round mark), then leeward mark #3p (orange cylinder), and then finish between mark "F" (white round mark) and a blue flag on the Signal Boat. In commonly used terms: this is 2 laps of the course.

The order of marks to be rounded is: **Start-1-2-(3s or 3p)-1-2-3p-Finish**

