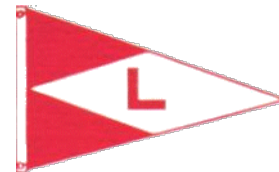




# MASSA DISTRICT HIGH SCHOOL SINGLEHANDED CHAMPIONSHIP



## “CRESSY QUALIFER”

September 17 & 18, 2016

The Organizing Authority (OA) is MASSA  
with host Lavallette Yacht Club

Hosted by  
LAVALLETTE YACHT CLUB  
124 Swan Point Road  
Lavallette, NJ 08735

### - SAILING INSTRUCTIONS -

#### 1 RULES

- 1.1 The regatta will be governed by the rules as defined in the 2013-2016 edition of The Racing Rules of Sailing and the Interscholastic Sailing Association of North America (ISSA) 2013-2016 Procedural Rules, the Middle Atlantic Scholastic Sailing Association (MASSA) Procedural Rules and Code of Conduct, the ISSA Cressy National Championship Conditions, this Notice of Race and the Sailing Instructions. In the event of a conflict between the governing documents and the Sailing Instructions, the latter shall take precedence.
- 1.2 RRS Appendix P regarding Rule 42 will apply as changed by ISSA Procedural Rule 14(c).

#### 2. NOTICE TO COMPETITORS:

- 2.1 Official notices including changes to sailing instructions will be posted on the official notice board located near location of skippers meeting. Changes to the sailing instructions shall be approved by the protest committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

#### 3. SCHEDULES

Saturday, September 17

0800 Competitor Check-in – Lavallette Yacht Club  
0815 Rigging of boats & Breakfast  
0900 Competitors' Meeting  
0930 Harbor Start  
1030 First warning Race #1

*The will be no lunch break for sailors to return to shore  
No specific cut-off time for sailing*

Sunday, September 18

0815 Rigging of boats & Breakfast  
0915 Harbor Start  
1015 First Warning, first race of the day  
1400 No race will start after this time.  
*The will be no lunch break for sailors to return to shore*

Trophy presentation ASAP after racing and/protest hearings

#### **4. VENUE**

- 4.1 Launching will take place at the Lavallette Yacht Club beach
- 4.2 Racing will take place on the body of water know as the Barnegat Bay, with the racing area located to the west of the yacht club.

#### **5 COURSES AND MARKS:**

- 5.1 Courses will be in accordance with ISSA PR 7.7. The race committee may designate course selection orally.
- 5.2 All marks will be described at the mandatory skippers meeting.
- 5.3 In accordance with ISSA PR 7.7(c) after the starting signal, the race committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required (changes RRS 33).

#### **6 . SHORTENING AND ABANDONING RACES:**

- 6.1 In accordance with ISSA PR 7.7(d) races will not be shortened. They will be abandoned. No signals are required. A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

#### **7. START, FINISH, AND RECALLS**

- 7.1 Races will start in accordance with ISSA PR 7.8(a).
- 7.2 Individual recalls will be made in accordance with RRS Appendix S6. One sound and X-Flag will be used to indicate a competitor is OCS.
- 7.3 General recalls will be signaled by a series of short whistles or horn. After a general recall, the round the ends provision of RRS 30.1 shall apply except Flag I need not be displayed in accordance with ISSA PR 7.8(b) (Changes RRS 30.1).

#### **9 COURSES and RACES**

- 9.1 Courses will be determined by the Race Committee as prescribed in ISSA PR 7.7.  
See Appendix 1
- 9.2 Up to 12 races will be run over the two days. Three races will constitute a regatta.

#### **10 PENALTY SYSTEM**

- 10.1 Scoring Penalties, RRS 44.1 and 44.2 will apply.

## **11 Protests**

11.1 ISSA PR Part VI – Protests, Penalties and Appeals procedures will apply

## **12 SCORING**

12.1 The Low Point Scoring System, RRS Appendix A will apply as modified by ISSA

12.2 Scores will be posted online at ISSA TechScore

12.3 ISSA Procedural Rule 9 (a), *no score will be excluded*, will apply

## **13 COACHING**

13.1 Coaches, team leaders, chaperones, advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

13.2 Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only while on shore or areas designated by the OA as communicated at the mandatory skippers meeting.

## **14 SAFETY:**

14.1 Per Procedural Rule 2.2, competitors shall wear USCG approved Type III or V lifejackets. Inflatable type lifejackets are not permitted.

14.2 A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore

## **15 PRIZES**

15.1 Prizes will be awarded to schools placing first through third places in both the Laser Full and Radial Rig Divisions.

15.2 Places 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> from both fleets will qualify to advance to the Cressy National Singlehanded Championship in Galveston, TX to represent the MASSA District.

15.3 Sailors need to confirm their intention to fill their berth at the national regatta by end of business on Friday, September 23, 2016 by contacting MASSA District Director, Dr. Randall Nunn via email at MASSADistrict@gmail.com

## **16 ANNOUNCEMENT**

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of

this regulation and/or other discipline expectations occurring during September 17 & 18, 2016 may be the basis for a hearing under RRS 69.1.

The protest committee for such a hearing shall be the regatta chairperson, a member of the ISSA BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

### **17 RIGHTS TO USE NAME AND LIKENESS**

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

### **18 WAIVER OF LIABILITY:**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

### **19 REGATTA CONTACTS:**

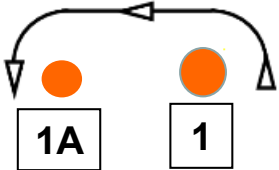
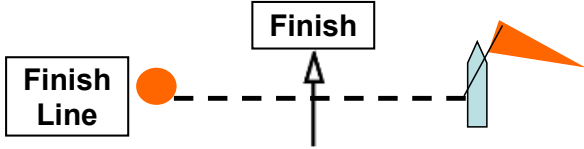
Dr. Randall W. Nunn – MASSA District Director  
Cell - (732) 581-1100  
Email - MASSADistrict@gmail.com

Dave Magno – Regatta Chairman – (908) 910-1640, LA99magnumforce@gmail.com  
John Barbano PRO – (609) 203-6114, NJJRB@aol.com

Online Registration Link <https://goo.gl/forms/ilr4fztAoYSJNwLj1>

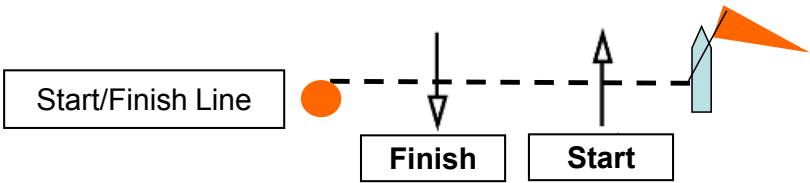
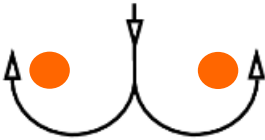


**Appendix 1 –  
Course W3,W4 & W5**



*Not To Scale*

**2G**



Course W3 Start - 1- 1A - 2G - Finish (Upwind)  
 Course W4 Start - 1- 1A - 2G - 1 - 1A - Finish (Downwind)  
 Course W5 Start - 1- 1A - 2G - 1 - 1A - 2G - Finish (Upwind)