

**Art Johnson Invitational**  
White Bear Sailing School  
October 17-18, 2015

**SAILING INSTRUCTIONS**

**1. RULES:**

1.1 The regatta will be governed by the 2013-2016 Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, the Interscholastic Sailing Association Procedural Rules, MISSA procedural rules, the Notice of Race, and the Sailing Instructions.

**2. BOATS:**

2.1 Club 420s – Shall be sailed as provided.

**3. ELIGIBILITY:**

3.1 Competing schools must be members in good standing of ISSA and meet ISSA eligibility rules as prescribed in the ISSA Procedural Rules. ISSA membership will be verified prior to registration. Students in grades 7 - 12 are eligible to compete. Mixed teams (comprised of students from different schools) are allowed.

**4. CHANGES TO SAILING INSTRUCTIONS:**

4.1 Any changes to the schedule or Sailing Instructions will be posted on the Official Notice Board inside the WBYC Lakeside Pavilion.

**5. SCHEDULE**

**Saturday, October 17th**

<i>8:00 - 8:45am</i>	Registration & Boat setup at WBSS
<i>8:45 - 9:00am</i>	Mandatory Coaches Meeting
<i>9:00 - 9:15am</i>	Mandatory Competitors Meeting
<i>9:45am -</i>	Starting time for first race (changes to the first start time may be announced at Competitors Meeting). Sailing will continue throughout the day. <b>No races will be started after 5:00pm</b>

**Sunday, October 18th**

<i>8:30 - 9:00am</i>	Boat setup
<i>9:00 - 9:15am</i>	Mandatory Competitors Meeting
<i>9:45am</i>	Starting time for first race (changes to the first start of the day may be announced the night before or at the Competitors Meeting)
<i>1:30pm</i>	NO RACE will be started after this time. Awards Presentation – 1 hour after the last race

**6. RACING AREA:**

6.1 The Racing Area will be the waters of White Bear Lake.

## **7. COURSES:**

- 7.1 ISSA approved courses. All marks will be orange and green inflatable cylinders and balls.
- 7.2 Starting sequence shall be 3-minute dingy starts per RRS appendix S.
- 7.3 The courses the Race Committee will be using are Windward/Leeward format. W3 and W5 will be used to signify upwind finishes, 3 and 5 legs total. L2 and L4 will be used to signify downwind finishes, 2 and 4 legs total. See Appendix A
- 7.4 Race time may exceed 20 minutes due to number of participants, thus changing ISSA Procedural Rule 7.7(b)

## **8. INDIVIDUAL/ GENERAL RECALLS:**

- 8.1 Code Flag "X" may be displayed for individual recalls. It is the responsibility of the yacht to make a proper start. Failure of the Race Committee to make these signals or failure of a starter on the course side to see or hear these signals shall not relieve the offending yacht from restarting and is not grounds for redress.
- 8.2 After a General Recall, the "Round-the-Ends Rule" RRS 30.1 shall apply. Code flag "I" need not be displayed.

## **9. PROTESTS:**

- 9.1 Protest procedure will be using 3-minute justice system
- 9.2. Upon finishing and before the next warning signal or before the signal boat pulls anchor, a boat intending to protest shall inform the signal boat of their intention to protest and file a protest form as soon as they reach shore.
- 9.3 Protests must be filed no later than 30 minutes after the RC signal boat or last competitor has docked, whichever comes later. Dock time will be posted on the official notice board.
- 9.4 Protest procedure shall be as follows;
  - \*The skippers involved will be called in the order of the protests recorded by the signal boat upon reaching shore. Each skipper will have approx. 1 minute to describe the situation.
  - \*Judge will have approx. 1 minute to question both skippers.
  - \*Each skipper shall then have the ability to question each other briefly.
  - \*If not clear to the judge, he may allow each skipper to call 1 witness.
  - \*If Judge(s) cannot adjudicate a decision or if either skipper is not satisfied with the proceedings before a decision is rendered then a full hearing following RRS appendix M shall be held. Once a decision is rendered the protest shall be considered closed.
- 9.5 A hearing may be re-opened under RRS 66 at the discretion of the Protest Committee.

## **10. SCORING**

- 10.1 Scoring will be prescribed by the ISSA Procedural Rules.
- 10.2 All completed races shall be counted; there will be no throw-outs.
- 10.3 A minimum of one race in each division is required for a regatta to be official.

**11. COACHING:**

11.1 All coaches must be registered in accordance with MISSA By-Laws, Section 3 "Registration Coaches." The Race Committee shall designate the area, which may be on shore or from a boat, where competitors may receive coaching, assistance or sustenance, provided at least one coach from each team has equal access to the area. Contact with competitors shall be limited to an area designated by the RC. It is the responsibility of the coaches to know the limits of their competitors, and thus pull said competitor from racing if conditions exceed their limitations.

**12. PERSONAL FLOTATION AND PINNIES:**

12.1 All competitors, coaches, and regatta officials shall wear USCG approved lifejackets, shore to shore. No exceptions. This changes RRS 40.

12.2 All student athletes competing in MISSA/ ISSA regattas shall wear a uniform designating their high school. Team uniforms for Team Identification, shall be worn, properly, by all competitors while on the water.

**13. REGATTA CONTACTS:**

Regatta Chairperson: Nick Hovland [sailwbss@gmail.com](mailto:sailwbss@gmail.com) 651-429-8395

PRO: John Weiss

